

SERVED: MONDAY - FRIDAY  
FROM 3PM TO 6PM  
(EXCLUDING BANK HOLIDAY)



3 courses: €23 per person  
S/M/TC or M/D/TC  
4 courses: €30 per person  
S/M/D/TC

## EARLY BIRD MENU

### STARTERS

#### SOUP OF THE DAY

SERVED WITH BREAD ROLL  
2, (11 - BREAD) (GF) (VEG)

#### CAESAR SALAD

ROMAINE LETTUCE, CROUTONS,  
PARMESAN CHEESE, BACON &  
CAESAR SALAD DRESSING  
1,2,5,11,13

#### LIGHT LEMON AND DILL WILD ATLANTIC SEAFOOD CHOWDER

BUTTERMILK SODA BREAD  
2,3,4,5,9, (11 - SODA BREAD)12,13 (GF)

#### HOT & CRISPY CHICKEN WINGS

FRANK'S HOT SAUCE, BLUE CHEESE  
DRESSING & BABY LEAVES SALAD  
1, 2, 11

## MAINS

#### CIDER MARINATED PORK BELLY

CREAMY MASH, BUTTERED KALE,  
APPLE CIDER CREAM SAUCE  
2, 9, 13 (GF)

#### PAN SEARED ATLANTIC BAKED SALMON

CREAMED POTATO, CITRUS GLAZED  
FENNEL, WHITE WINE & DILL CREAM SAUCE  
2, 5 (GF)

#### ROAST TURKEY & HONEY GLAZED HAM

SERVED WITH SEASONAL  
VEGETABLES, CREAMED POTATOES  
AND HERB STUFFING  
2, 7, 9, 11, 12, 13

#### CHICKEN STIR-FRY

SERVED WITH FRESH ORIENTAL  
VEGETABLES & A CHOICE OF  
SAFFRON RICE OR EGG NOODLES  
1, 8, 11, 12,

#### VEGETABLE STIR-FRY

SERVED WITH FRESH ORIENTAL VEGETABLES  
& A CHOICE OF SAFFRON RICE OR EGG  
NOODLES  
1, 8,11,12

## DESSERT

#### CARAMEL & APPLE CRUMBLE

VANILLA ICE-CREAM  
2,9,11

#### SHERRY TRIFLE

FRUIT COCKTAIL, CUSTARD, SPONGE  
& VANILLA ICE-CREAM & CREAM  
1,2 (GF)

#### FRESHLY BREWED BEWLEYS TEA OR COFFEE

PLEASE INFORM YOUR SERVER IF YOU HAVE ANY ALLERGIES OR  
INTOLERANCE. ADDITIONAL ALLERGEN OPTIONS AVAILABLE ON REQUEST.  
GLUTEN FREE BURGER BUNS AND PIZZA DOUGH ARE AVAILABLE.