



good food loves good company

LUNCH
SERVED FROM 12
UNTIL 4PM DAILY

STARTERS

CHEF'S SOUP OF THE DAY

Served with homemade Soda bread
2,3,4,5,7,9,10,11,12

5.70

WILD ATLANTIC SEAFOOD CHOWDER

Served with Bread roll 2,7,10,11,12

6.70

SPICY CHICKEN WINGS

Served with baby pesto salad &
garlic mayo 1,2,5,7,8,9,10,11,12

9.90

CRISPY WARM CHICKEN & PINE NUT SALAD

Spicy Chicken strips, Pine nuts, mixed Leaves,
sweet Mango, Gherkins, Ranch dressing &
Parmesan 2,7,9,10,11,12

9.20

CAULIFLOWER WINGS (V)

Beer battered Cauliflower wings in Buffalo
hot sauce & Blue cheese dip 1,2,8,9,11,12,13

9.90

SANDWICHES & LIGHT BITES

ADD CHIPS OR SOUP TO ANY SANDWICH FOR 3 EURO

BREAKFAST CIABATTA

Filled up with Loughnane's Sausage, Crispy
Smoked Streaky Bacon, Tomato Relish &
Fried Egg 1,2,7,10,11,13

12.00

HOMEMADE FLUFFY PANCAKES

Served with Smoked Streaky Bacon,
Canadian maple syrup, or Berry
Compot & Cream 1,2,7,10,11

10.50

CHICKEN PESTO WRAP

Diced chicken with homemade Basil Pesto,
Mayonnaise & Baby gem lettuce 1,2,8,10,11

10.00

CLASSIC TRIPLE DECKER BLT

Bacon, Lettuce, Tomato, and Mayo, served
on white or Brown bread or as a Wrap
Add Avocado 1.50
1,2,7,9,10,11,12,13

10.00

SLOW COOKED PULLED

BBQ PORK BAP

Filled with Garlic Mayo, Red Onion Marmalade,
Oak Leaf, and Beef Tomatoes served with Chips
1,2,5,7,9,10,11,13

13.00

GRILLED STEAK SAMBO

Drizzled with Garlic Butter, Sautee Mushrooms
and Onions, Mature Cheddar, Whiskey Cream
sauce & Chips 1,2,5,7,9,10,11,13

17.50

SMASH BURGER

Crispy streaky bacon, mature cheddar
cheese, oak leaf, tomato, red onion
Thousand Island sauce, served with
chips 1,2,5,7,9,10,11,13

13.50

CAJUN CHICKEN BURGER

Filled in a brioche bun with smoked pork
belly streaky bacon, mature cheddar
cheese, oak leaf, beef tomatoes, red
onion, Mayo & country relish, served with
chips 1,2,5,7,9,10,11,13

15.90

MAINS

BEER BATTERED FISH & CHIPS

Served with Tartar sauce and minted
Mushy Peas & Chips 1,2,3,5,9,10,11,13

16.90

ASK YOUR SERVERS ABOUT TODAYS SPECIAL

16.90

STIR FRY

Choice of Chicken or Vegetable Stir
fry Served with fresh oriental
vegetables & a choice of Turmeric
Pilaf Rice or Egg noodles 1,8,11,12

(C) 17.90

(V) 16.90

SPINACH & RICOTTA TORTELLINI

Creamy mushroom sauce, Parmigiano
& Garlic Sourdough 1,2,9,11,12

15.20

Please inform your server if you have
any allergies or intolerances



1, Eggs/ 2, Milk/ 3, Shellfish/ 4, Molluscs/ 5, Fish/ 6, Peanuts/ 7, Sesame/ 8, Soya/ 9, Sulphur dioxide/ 10, Nuts/ 11, Gluten/ 12, Celery/ 13, Mustard/ 14, Lupin