



SUNDAY MENU

STARTERS & LIGHT BITES

CRISPY WARM CHICKEN & PINE NUT SALAD €8.90

SERVED WITH PINEAPPLE, GHERKINS,
RANCH DRESSING & PARMESAN 1,2,5,7,10,11,13



SPICY ROAST VEG COUSCOUS & QUINOA SALAD €8.50

SERVED WITH BABY LEAF PESTO SALAD WITH SUNFLOWER SEEDS
2,7,10,11

SPICY CHICKEN WINGS €7.90

SERVED WITH BABY LEAF PESTO SALAD,
TOASTED CIABATTA BREAD & GARLIC MAYO
1,2,5,7,8,9,10,11,12

WILD ATLANTIC FISH CAKES €8.90

WITH PINEAPPLE SALSA, TARTAR SAUCE & BABY PESTO
1,2,3,4,5,7,10,11,12



HOMEMADE VEGETABLE SOUP €5.00

WITH CRISPY WHITE ROLL
2,7,10,11,12

WILD ATLANTIC SEAFOOD CHOWDER €6.00

WITH HOMEMADE BROWN BREAD
2,3,4,5,7,9,10,11,12

BBQ PORK RIBS €8.90

WITH BABY PESTO SALAD, JALAPEÑO,
HOMEMADE CHIPS & BBQ SAUCE
1,2,5,7,8,9,10,11,12

SANDWICHES

SEVEN SPICE CHICKEN MELT FOCACCIA SANDWICH €9.90

FILLED WITH CRISPY BACON, MOZZARELLA & SWEET CHILI MAYO
TOPPED ON BABY LEAF SERVED WITH CHIPS & COLESLAW
1,2,7,9,10,11,13



VEGETARIAN STIR FRY WRAP €9.90

SERVED WITH SWEET POTATO FRIES
& PINEAPPLE SALSA 1,2,7,8,9,10,11

SLOW COOKED PULLED BEEF BRISKET BAP €9.90

FILLED WITH LETTUCE, ONION, GARLIC MAYO
SERVED WITH CHIPS & COLESLAW
1,2,5,7,9,10,11,13

IRISH NATURE BEEF SANDWICH €14.90

TOPPED WITH MELTED CHEDDAR CHEESE SERVED WITH SAUTÉ
ONIONS, WILD MUSHROOMS, PEPPERCORN SAUCE,
CHIPS & HOMEMADE COLESLAW
1,2,5,7,9,10,11,13

MAINS

SPECIAL OF THE DAY €13.90

PLEASE ASK YOUR SERVER

6OZ HEREFORD BEEF BURGER €14.90

WITH CRISPY STREAKY BACON, CHEDDAR CHEESE,
LETTUCE, TOMATO, RED ONION, MAYO & COUNTRY RELISH,
SERVED WITH CHIPS & COLESLAW 1,2,5,7,9,10,11,13

PAN FRIED CAJUN CHICKEN BURGER €13.90

FILLED WITH CRISPY STREAKY BACON, CHEDDAR CHEESE,
BABY LEAF, GHERKINS, TOMATO, RED ONION, MAYO,
COUNTRY RELISH, SERVED WITH CHIPS, HOMEMADE COLE-
SLAW & BATTERED ONION RINGS 1,2,5,7,9,10,11,13

OVEN BAKED SALMON FILLET €14.90

SERVED WITH SEASONAL VEGETABLE, CREAMY MASH POTATO &
LIMONCELLO SAUCE 2,5,9,11,12

SLANEY VALLEY LAMB SHANK €15.90

SLOW COOKED FOR 24HRS. SERVED WITH ROAST BABY
VEGETABLES, CREAMY MASH & LAMB JUS 2,9,12

PAN FRIED PERI PERI CHICKEN SUPREME €13.90

STUFFED WITH SMOKED CHEESE, SUN DRIED TOMATO &
STREAKY BACON SERVED WITH SEASONAL VEGETABLES,
CREAMY MASH POTATO & WILD MUSHROOM SAUCE
1,2,5,7,9,10,11,13



GARDEN VEGETABLE & GOAT CHEESE QUICHE €12.90

WITH PINE NUT PESTO SALAD 1,2,7,10,11,12

ORIENTAL CHICKEN STIR FRY €13.90

SERVED WITH ASIAN INFUSED RICE 1,2,7,10,11,12

WELCOME TO BIA & CO

MANY OF OUR DISHES CAN BE GLUTEN-FREE, ASK YOUR SERVER FOR MORE DETAILS



1, EGGS / 2, MILK / 3, SHELLFISH / 4, MOLLUSCS / 5, FISH / 6, PEANUTS / 7, SESAME / 8, SOYA / 9, SULPHUR DIOXIDE / 10, NUTS / 11,
GLUTEN / 12, CELERY / 13, MUSTARD / 14, LUPIN