



EVENING MENU

STARTERS

VEGETARIAN

HOMEMADE VEGETABLE SOUP €5.50
WITH CRISPY WHITE ROLL 2,7,10,11,12

WILD ATLANTIC SEAFOOD CHOWDER €6.50
WITH HOMEMADE BROWN BREAD 2,3,4,5,7,9,10,11,12

CRISPY WARM CHICKEN & PINE NUT SALAD €8.90
SERVED WITH PINEAPPLE, GHERKINS,
RANCH DRESSING & PARMESAN 1,2,5,7,10,11,13



SPICY ROAST VEG COUSCOUS & QUINOA SALAD €8.50
SERVED WITH BABY LEAF PESTO SALAD WITH SUNFLOWER
SEEDS
2,7,10,11

VEGETARIAN

GRILLED TIPPERARY BRIE €8.90
SERVED WITH ROASTED FIG, THYME & WALNUTS, HONEY
ROASTED VEGETABLES & HOMEMADE TOASTED CIABATTA
1,2,5,7,8,9,10,11,12

WILD ATLANTIC FISH CAKES €8.90
WITH PINEAPPLE SALSA, TARTAR SAUCE & BABY LEAF SALAD
& PESTO DRESSING 1,2,3,4,5,7,10,11,12

SPICY CHICKEN WINGS €8.50
SERVED WITH BABY LEAF PESTO SALAD,
TOASTED CIABATTA BREAD & GARLIC MAYO
1,2,5,7,8,9,10,11,12

MAINS

6OZ HEREFORD BEEF BURGER €15.90
WITH CRISPY STREAKY BACON, CHEDDAR CHEESE,
LETTUCE, TOMATO, RED ONION, MAYO & COUNTRY
RELISH, SERVED WITH CHIPS, COLESLAW & BATTERED
ONION RINGS 1,2,5,7,9,10,11,13

SLANEY VALLEY LAMB SHANK €15.90
SLOW COOKED FOR 24HRS, SERVED WITH ROAST
BABY VEGETABLE, CREAMY MASH & LAMB JUS 2,9,12

PAN FRIED PERI PERI CHICKEN SUPREME €15.90
STUFFED WITH SMOKED CHEESE, SUN DRIED TOMATO &
STREAKY BACON SERVED WITH SEASONAL VEGETABLES,
CREAMY MASH POTATO & WILD MUSHROOM SAUCE
1,2,5,7,9,10,11,13

VEGETARIAN

ROASTED VEGETABLE & TOMATO SAUCE PASTA €12.90
SERVED WITH GARLIC BREAD & PARMESAN FLAKES

ADD CHICKEN EXTRA €3.00
1,2,7,9,10,11



PAN FRIED FILLET OF SEA BASS €16.90
SERVED WITH STEAMED BLACK MUSSELS, ROAST BABY
VEGETABLES, COCONUT CAULIFLOWER PUREE WITH CHIA
SEEDS, CREAMY MASH POTATO & LIMONCELLO SAUCE
3,4,5,9,10,11,12

GARDEN VEGETABLE & GOAT CHEESE QUICHE €13.90
WITH PINE NUT PESTO SALAD 1,2,7,10,11,12

OVEN BAKED SALMON FILLET €15.90
SERVED WITH ROAST BABY VEGETABLE, COCONUT COUS
COUS & LIMONCELLO SAUCE 2,5,9,11,12

**CHARGRILLED IRISH NATURE 8OZ BEEF STRIPLOIN
€19.90**
SERVED WITH CHEESY ONION RINGS, SAUTÉED WILD
MUSHROOMS, VINE TOMATOES, CHIPS & PEPPERCORN
SAUCE 1,2,5,7,9,10,11,12

STIR FRY'S

ORIENTAL BEEF STIR FRY €14.90
SERVED WITH ASIAN INFUSED RICE 1,8,11,12

ORIENTAL CHICKEN STIR FRY €14.50
SERVED WITH ASIAN INFUSED RICE 1,8,11,12

VEGETARIAN

ORIENTAL VEGETABLE STIR FRY €13.50
SERVED WITH ASIAN INFUSED RICE 1,8,11,12

WELCOME TO BIA & CO

MANY OF OUR DISHES CAN BE GLUTEN-FREE, ASK YOUR SERVER FOR MORE DETAILS



1, EGGS / 2, MILK / 3, SHELLFISH / 4, MOLLUSCS / 5, FISH / 6, PEANUTS / 7, SESAME / 8, SOYA / 9, SULPHUR DIOXIDE / 10, NUTS / 11,
GLUTEN / 12, CELERY / 13, MUSTARD / 14, LUPIN